



Post Operative Instructions

SUCTION LIPECTOMY ABDOMEN

1. Please take all medications as directed.
2. The abdominal binder dressing may be adjusted for comfort. It is often necessary to undo it and put it on lower down as it tends to ride up.

Three days after the operation you may temporarily remove the binder and foam rubber. Do not remove the white steri-strips across the wound(s). You can now shower, and after gently drying the area replace the cotton wool and binder. This can now be done on a daily basis until returning to see your doctor.

3. Please rest for the first few days after your operation. You may walk around, but do not engage in any strenuous exercise.
4. Please make an appointment to see Dr. Knox as advised.

Other:

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If you have any questions or concerns, please contact our office on 9553 9188.

