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POST OPERATIVE CARE FOR EYELID SURGERY

Upon leaving the hospital please follow the following instructions for your post operative care.

1. Please take all Medications as directed.
2. **DO NOT TAKE ANY ASPIRIN** (or any medication that affects your bloods ability to clot, unless directed by Dr Knox or his anaesthetist.
3. Sleep with your head on 2-3 pillows to keep your head elevated. This will reduce swelling.
4. Moisten gauze with water and place on your eyelids. This is soothing and reduces discomfort.
5. **If there is severe pain or visual impairment contact us immediately** - this would be an unlikely occurrence.

For the lubrication of the eyes:

Day: "Systane Lubricating Eyedrops" or similar lubricating eye drops

Night: "Visco-Tears Gel"

Once you have gone home you should be aiming to rest quietly for a few days. It takes time to recover from any surgery and being a significant operation should be treated with respect. Expect to feel tired over the first week and look after yourself accordingly. Get as much rest as you can and take life quietly.

OTHER:
