



DR ADRIAN KNOX MBBS FRACS
PROVIDER NUMBER: 0371519F

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POST OPERATIVE MANAGEMENT GUIDELINES FOR SIMPLE SUTURE LINES & SKIN FLAPS

Generally speaking the site of operation will be covered by a light cotton gauze and secured with some light-weight paper tape. This should be left untouched for 24 hours after which time the gauze can be removed and the sutures exposed.

After 24 hours it is safe to shower your wound but be careful to pat it completely dry at the end of your shower. Avoid fully immersing any wounds at this early stage (i.e. baths, swimming pools, saunas etc).

If you wish to cover the wound with a replacement gauze and tape, you will not cause any problems and you may wish to do so for cosmetic reasons. However it will not make any difference to the wound whether it is covered or left open at this stage.

Please check with the nursing staff prior to your discharge that arrangements have been made for a follow-up appointment in Dr Knox's rooms (if not listed below).

If you have had surgery to the nose then you should avoid wearing glasses for 3 days post-operatively.

Smoking can irreversibly damage skin flaps and grafts and should be avoided for 3 weeks post operatively.

Should you experience any difficulty looking after the wound or have problems with the wound itself please contact the rooms on 9553 9188