



**DR ADRIAN KNOX MBBS FRACS**

PROVIDER NUMBER: 0371519F

ST GEORGE PRIVATE HOSPITAL

SUITE 6, LEVEL 3

1 SOUTH STREET

KOGARAH NSW 2217

PH: 02 9553 9188

FAX: 02 9553 1976

## **POST OPERATIVE CARE FOR CORRECTION OF PROMINENT EARS**

Upon leaving the hospital please follow the following instructions for your post operative care.

1. Please take all Medications as directed.
2. **DO NOT TAKE ANY ASPIRIN** (or any medication that affects your bloods ability to clot, unless directed by Dr Knox or his anaesthetist).
3. You will have a crepe bandage on, please leave this dry and intact until you are seen in Dr Knox's rooms.
4. Sleep with your head elevated on 2-3 pillows. Please do not lie on your side.
5. Notify us if there is excessive pain, swelling, or bleeding.

Once you have gone home you should be aiming to rest quietly for a few days. It takes time to recover from any surgery and being a significant operation should be treated with respect. Expect to feel tired over the first week and look after yourself accordingly. Get as much rest as you can and take life quietly.

OTHER:

---

---

---

---

---

---

---

---