



DR ADRIAN KNOX MBBS FRACS
PROVIDER NUMBER: 0371519F

ST GEORGE PRIVATE HOSPITAL
SUITE 6, LEVEL 3
1 SOUTH STREET
KOGARAH NSW 2217
PH: 02 9553 9188
FAX: 02 9553 1976

SCAR MANAGEMENT

Once your stitches are removed the incision line will slowly take on a light pink colour before fading to white. This process of pink to white will usually take 8-12 months.

We recommend placing Micropore tape on wounds for 6 weeks provided no skin irritation occurs. Micropore is available in 2 widths half inch and 1 inch.

Facial wounds: 1/2" Micropore tape
Lower body: 1" Micropore tape
Back or legs: 1" Micropore tape

The Micropore tape is to be placed along the incision line and left on for 5 days. **You can shower, swim and exercise with the tape on.**

We recommend you change your tape every 5 days for up to 6 weeks for face and 8 weeks for lower body, back or legs.

If you notice any irritation from the Micropore tape, leave it off for 48 hours then resume taping again. If the irritation persists, please stop using the tape.