



**DR ADRIAN KNOX** MBBS FRACS  
PROVIDER NUMBER: 0371519F

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## **POST OPERATIVE MANAGEMENT FOR HAND SURGERY**

Elevate the hand in a sling with the hand positioned at shoulder level unless otherwise instructed. The hand should come out of the sling 3 times a day so that your shoulder can be mobilised and to avoid stiffness of the shoulder. Keep all dressings dry and bandages intact until your next visit to Dr Knox's office.

You will need to call the office to make an appointment for a follow up visit (if not listed below).

Should you experience any difficulty looking after the wound or there are any problems with the wound itself, please contact our office on 9553 9188.