

**DR. DARRELL PERKINS**

M.B., B.S.(Hons), B.Med.Sc., F.R.A.C.S.  
Provider No. 2048605W

**AESTHETIC DAY SURGERY**

14 KENSINGTON STREET  
KOGARAH NSW 2217  
TELEPHONE: 9588 5700  
FACSIMILE: 9553 9924

**DR. DAMIAN MARUCCI**

M.B., B.S., B.A., Ph.D., F.R.A.C.S.  
Provider No. 206938EX

28 PRESIDENT AVENUE  
CARINGBAH NSW 2229  
TELEPHONE: 9525 8400  
FACSIMILE: 9540 3360

Post Operative Instructions

**WOUND CARE**

Please follow the instructions below as marked:

- Obtain micropore tape from your chemist.
- Leave dressing(s) dry and intact for 1 day.
- *If you have a gauze dressing over the wound this may be removed on the second day.*
- Leave the micropore tape over the sutures undisturbed.
- You may now get the wound wet. Don't rub the wound vigorously. Pat dry.
- Leave the micropore tape on until you return to see the doctor. If the tape falls off, replace with a new piece of micropore tape.
- If you have excessive bleeding, apply DIRECT PRESSURE FOR 10 MINUTES. If necessary, replace the micropore tape. If bleeding persists, ring our rooms or your GP.
- DO NOT shave or apply make-up over the wound.
- If there is excessive redness, irritation, or any signs of possible infection ring our rooms or your GP.
- If required, pain medication may be taken.
- If your wound is on your arm, leg or head keep the area elevated for the first 2 days, and whenever possible until the wound is completely healed.
- You can recommence Warfarin or Aspirin if stopped prior to surgery.
- No swimming or exercise for \_\_\_\_ weeks.

- Apply Vaseline to the wound until you return to see the doctor

- Leave dressing(s) dry and intact until seen by your Surgeon.
- If you have excessive bleeding, apply DIRECT PRESSURE FOR 10 MINUTES. If necessary, the dressing(s) may be replaced with a similar type. If bleeding persists, ring our rooms or your GP.
- If there is excessive redness, irritation, or any signs of possible infection ring our rooms or your GP.
- If required, pain medication may be taken (not Aspirin).
- If your wound is on your arm, leg or head keep that limb elevated for the first 2 days, and whenever possible until the wound is completely healed.

Follow up appointment: .....

at:  Kogarah Rooms  Caringbah Rooms

