## A/PROF DAMIAN MARUCCI

MBBS, BA, PhD, FRACS

Provider No. 206938EX

DAMIAN MARUCCI ABN 36 153 114 832

**KOGARAH** AESTHETIC DAY SURGERY 14 KENSINGTON STREET **KOGARAH NSW 2217** TELEPHONE: 9588 6374

MIRANDA SUITE 3, LEVEL 4 531 - 533 THE KINGSWAY MIRANDA NSW 2228 TELEPHONE: 9525 8400

AFTER HOURS: 0413 123 155

**Post Operative Instructions** 

## **ARM LIPECTOMY**

- 1. Please take all medications as directed
- 2. Always clean your hands before touching or caring for your wounds
- 3. **DO NOT TAKE ASPIRIN**
- 4. Keep the dressing dry and intact until you return to see your surgeon
- 5. Please sleep on your back raised on 2 or 3 pillows with your arms supported on pillows
- 6. Please rest as much as possible for the first few days after your operation
- 7. Keep your arms supported on pillows whenever sitting and keep your hands slightly elevated to help reduce any swelling
- 8. If there is excessive redness or irritation with your wound/s, or signs of infection, or if you develop a fever above 37.5°, please telephone our rooms on the numbers above. If you are unable to contact us at the rooms, please telephone the after hours number instead

Follow up appointment:			
at:	☐ Kogarah I	Rooms 🖵 Mirar	nda Rooms

If you have any questions or concerns, please contact us on one of the numbers above.

