## A/PROF DAMIAN MARUCCI

MBBS, BA, PhD, FRACS

Provider No. 206938EX

DAMIAN MARUCCI ABN 36 153 114 832 KOGARAH AESTHETIC DAY SURGERY 14 KENSINGTON STREET KOGARAH NSW 2217 TELEPHONE: 9588 6374

MIRANDA SUITE 3, LEVEL 4 531 – 533 THE KINGSWAY MIRANDA NSW 2228 TELEPHONE: 9525 8400

AFTER HOURS: 0413 123 155

**Post Operative Instructions** 

## **ABDOMINAL LIPECTOMY**

- 1. Please take all medications as directed
- 2. Always clean your hands before touching or caring for your wounds
- 3. The abdominal binder dressing may be adjusted for comfort. It is often necessary to undo it and put it on lower down as it tends to ride up
- 4. You may temporarily remove the binder to shower from the day after your surgery, but leave the plastic Comfeel dressing in place
- 5. You might find it more comfortable to lie with a pillow under your knees
- 6. Please rest for the first 5 6 days after your operation. You may walk around, but do not engage in any strenuous exercise
- 7. If there is excessive redness or irritation with your wound/s, or signs of infection, or if you develop a fever above 37.5°, please telephone our rooms on the numbers above. If you are unable to contact us at the rooms, please telephone the after hours number instead

Follow up appointment:			
at:	☐ Kogarah Rooms	☐ Miranda Rooms	

If you have any questions or concerns, please contact us on one of the numbers above.

