## A/PROF DAMIAN MARUCCI

MBBS, BA, PhD, FRACS

Provider No. 206938EX

DAMIAN MARUCCI ABN 36 153 114 832 KOGARAH AESTHETIC DAY SURGERY 14 KENSINGTON STREET KOGARAH NSW 2217 TELEPHONE: 9588 6374

MIRANDA SUITE 3, LEVEL 4 531 – 533 THE KINGSWAY MIRANDA NSW 2228 TELEPHONE: 9525 8400

AFTER HOURS: 0413 123 155

**Post Operative Instructions** 

## **BREAST REDUCTION**

- 1. Please take all medications as directed
- 2. **DO NOT TAKE ASPIRIN**
- 3. Always clean your hands before touching or caring for your wounds
- 4. The day following the surgery remove your bra and you can shower lightly over the dressings (do not remove the dressings). Replace bra after patting area dry
- 5. Please sleep on your back raised on 2 or 3 pillows. Do not sleep on your side
- 6. Do not drive a car or lift anything heavy for <u>two weeks</u>. Please restrict your arm movements, and for the first few days try to keep your elbows down at your sides
- 7. Please rest as much as possible for the first few days after your operation
- 8. Notify us if there is excessive pain, swelling or bleeding from the breast
- 9. If there is excessive redness or irritation with your wound/s, or signs of infection, or if you develop a fever above 37.5°, please telephone our rooms on the numbers above. If you are unable to contact us at the rooms, please telephone the after hours number instead

Follow up appointment:			
at:		Kogarah Rooms	☐ Miranda Rooms

If you have any questions or concerns, please contact us on one of the numbers above.



