

Post Operative Instructions

SKIN GRAFT CARE

- Always clean your hands before touching or caring for your wounds
- If there is excessive redness or irritation with your wound/s, or signs of infection, or if you develop a fever above 37.5°, please telephone our rooms on the numbers above. If you are unable to contact us at the rooms, please telephone the after hours number instead

1. **Grafted Area** (*from where the lesion has been removed*)

KEEP DRY

- ☐ Leave dressing(s) dry and intact until your review appointment. However, if the outer dressing (gauze and tape) falls off, the remainder dressing underneath (foam rubber) should REMAIN. DO NOT ATTEMPT TO REMOVE THIS DRESSING
- ☐ Keep wound dry and apply Vaseline twice daily until your next appointment

2. a) **Donor Area on Arm or Leg**

- ☐ Leave dressings dry and intact until your review appointment
- ☐ Remove the outer bandage in __ days. Leave the paper tape on the wound. You may get this tape lightly wet in the shower and then pat dry. If the paper tape falls off, replace with new paper tape
- ☐ Remove the outer bandage and Vaseline impregnated gauze in ____ days. You may shower normally. Apply ordinary Vaseline to the wound twice a day

b) **Donor Area in Front or Behind the Ear or on the Neck**

- ☐ Leave dressing(s) dry and intact for 24 hours. You may then shower over the tape
- ☐ If desired, MICROPOROUS TAPE may be applied directly over the sutures
- ☐ Apply ordinary Vaseline to wound twice daily until your review appointment
- If you have excessive bleeding, apply DIRECT PRESSURE FOR 10 MINUTES. If necessary, the dressing(s) may be replaced with a similar type. If bleeding persists, ring our rooms
- DO NOT shave or apply make-up over the sutures
- If your wound is on your arm or leg or head, keep the area elevated for the first 2 days, and whenever possible until the wound is completely healed
- No swimming and no heavy exercise until reviewed
- If required, pain medication may be taken (not Aspirin)

Follow up appointment:

at: ☐ Kogarah Rooms ☐ Miranda Rooms

If you have any questions or concerns, please contact us on one of the numbers above.

