

DR DARRELL PERKINS

MBBS (Hons), BMedSc, FRACS

Provider No. 2048605W

DARRELL PERKINS
ABN 34 797 785 470

KOGARAH
AESTHETIC DAY SURGERY
14 KENSINGTON STREET
KOGARAH NSW 2217
TELEPHONE: 9587 0871

MIRANDA
SUITE 3, LEVEL 4
531 – 533 THE KINGSWAY
MIRANDA NSW 2228
TELEPHONE: 9525 8400

AFTER HOURS: 0408 165 425

Post Operative Instructions

LABIOPLASTY

1. Always clean your hands before touching or caring for your wounds
2. For the first two days after surgery take 2 Panadol every six hours for pain relief. **DO NOT TAKE ASPIRIN**
3. Take frequent warm showers to reduce discomfort
4. Use a hairdryer on a low setting to dry the stitches after bathing, and try to keep the area as dry as possible
5. Change pads frequently
6. If there is excessive redness or irritation with your wound/s, or signs of infection, or if you develop a fever above 37.5°, please telephone our rooms on the numbers above. If you are unable to contact us at the rooms, please telephone the after hours number instead

Follow up appointment:

at: Kogarah Rooms Miranda Rooms

If you have any questions or concerns, please contact us on one of the numbers above.

Please see the reverse for possible adverse reactions and drug interactions →



Medication	Possible Adverse Reaction
Panadol (Paracetamol)	(Rare) Stomach upset, nausea, rash [see below]

NB: Paracetamol may be used to treat pain, or temperatures over 38°C. It is not to be used for mild fever, gastroenteritis or as a sedative.

Oral Paracetamol dosage recommendations for adults and children after puberty:

Use Paracetamol 4 to 6 hourly, with a maximum of 6 tablets daily, and for no more than 48 – 36 hours for patients of normal or average build. If pain persists seek medical advice before continuing.

All patients taking Paracetamol for extended periods should be aware of the Paracetamol content in over the counter and prescription products that they are taking as there could be an increased risk of liver problems.

If you encounter any adverse reaction/s to any of your medications, cease the medication and contact your Surgeon (refer to the Post Operative Instructions sheet) for further advice.