DR DARRELL PERKINS

MBBS (Hons), BMedSc, FRACS

Provider No. 2048605W

DARRELL PERKINS ABN 34 797 785 470 KOGARAH AESTHETIC DAY SURGERY 14 KENSINGTON STREET KOGARAH NSW 2217 TELEPHONE: 9587 0871

MIRANDA SUITE 3, LEVEL 4 531 – 533 THE KINGSWAY MIRANDA NSW 2228 TELEPHONE: 9525 8400

AFTER HOURS: 0408 165 425

Post Operative Instructions

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- Please take all medications as directed
- 2. Always clean your hands before touching or caring for your wounds
- 3. Sleep on 2 or 3 pillows to keep the head elevated. This will reduce swelling
- 4. Apply ice packs to the face as much as possible for the first 48 hours (do NOT apply heat packs)
- 5. REST ONLY. Do no exercise. Keep cool
- 6. Bring a scarf with you to your first post-operative appointment
- 7. Expect some swelling of the face. A small amount of blood ooze through the bandage can also be expected
- 8. If there is excessive redness or irritation with your wound/s, or signs of infection, or if you develop a fever above 37.5°, please telephone our rooms on the numbers above. If you are unable to contact us at the rooms, please telephone the after hours number instead

Further instructions will be given when we remove the dressings

Follow up appointment:							
ć	at:	☐ Kogarah Rooms	☐ Miranda Rooms				

If you have any questions or concerns, please contact us on one of the numbers above.

