

DR DARRELL PERKINS

MBBS (Hons), BMedSc, FRACS

Provider No. 2048605W

DARRELL PERKINS
ABN 34 797 785 470

KOGARAH
AESTHETIC DAY SURGERY
14 KENSINGTON STREET
KOGARAH NSW 2217
TELEPHONE: 9587 0871

MIRANDA
SUITE 3, LEVEL 4
531 – 533 THE KINGSWAY
MIRANDA NSW 2228
TELEPHONE: 9525 8400

AFTER HOURS: 0408 165 425

Post Operative Instructions

ABDOMINAL LIPECTOMY

1. Please take all medications as directed
2. Always clean your hands before touching or caring for your wounds
3. The abdominal binder dressing may be adjusted for comfort. It is often necessary to undo it and put it on lower down as it tends to ride up
4. Keep dressings dry and intact
5. Stay bent – sit and lie with a pillow under your knees
6. Please rest for the first 5 – 6 days after your operation. You may walk around, but do not engage in any strenuous exercise
7. If there is excessive redness or irritation with your wound/s, or signs of infection, or if you develop a fever above 37.5°, please telephone our rooms on the numbers above. If you are unable to contact us at the rooms, please telephone the after hours number instead

Follow up appointment:

at: Kogarah Rooms Miranda Rooms

If you have any questions or concerns, please contact us on one of the numbers above.

