

DR ADRIAN SJARIF

MBBS (Hons), BSc, MS, FRACS

Provider No. 255103RF

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KOGARAH
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KOGARAH NSW 2217
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MIRANDA
SUITE 3, LEVEL 4
531 – 533 THE KINGSWAY
MIRANDA NSW 2228
TELEPHONE: 9525 8400

WOLLONGONG
354-358 CROWN STREET
WOLLONGONG NSW 2500
TELEPHONE: 9159 0707

AFTER HOURS: 0413 828 414

Post Operative Instructions

LABIOPLASTY

1. For the first two days after surgery take 2 Panadol every six hours for pain relief. **DO NOT TAKE ASPIRIN**
2. Take frequent warm showers to reduce discomfort
3. Always clean your hands before touching or caring for your wounds
4. Use a hairdryer on a low setting to dry the stitches after bathing, and try to keep the area as dry as possible
5. Change pads frequently
6. If there is excessive redness or irritation with your wound/s, or signs of infection, or if you develop a fever above 37.5°, please telephone our rooms on the numbers above. If you are unable to contact us at the rooms, please telephone the after hours number instead

Follow up appointment:

at: Kogarah Rooms Miranda Rooms Wollongong Rooms

If you have any questions or concerns, please contact us on one of the numbers above.

