

DR ADRIAN SJARIF

MBBS (Hons), BSc, MS, FRACS

Provider No. 255103RF

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KOGARAH
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KOGARAH NSW 2217
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MIRANDA
SUITE 3, LEVEL 4
531 – 533 THE KINGSWAY
MIRANDA NSW 2228
TELEPHONE: 9525 8400

WOLLONGONG
354-358 CROWN STREET
WOLLONGONG NSW 2500
TELEPHONE: 9159 0707

AFTER HOURS: 0413 828 414

Post Operative Instructions

FACELIFT

1. Please take all medications as directed.
2. Sleep on 2 or 3 pillows to keep the head elevated. This will reduce swelling.
3. Always clean your hands before touching or caring for your wounds.
4. Apply ice packs to the face as much as possible for the first 48 hours.
5. REST ONLY. Do no exercise. Keep cool.
6. Bring a scarf with you to your first post-operative appointment.
7. Expect some swelling of the face. A small amount of blood ooze through the bandage can also be expected.
8. If there is excessive redness or irritation with your wound/s, or signs of infection, or if you develop a fever above 37.5°, please telephone our rooms on the numbers above. If you are unable to contact us at the rooms, please telephone the after hours number instead

Further instructions will be given when we remove the dressings.

Follow up appointment:

at: Kogarah Rooms Miranda Rooms Wollongong Rooms

If you have any questions or concerns, please contact us on one of the numbers above.

