

DR ADRIAN SJARIF

MBBS (Hons), BSc, MS, FRACS

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MIRANDA
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MIRANDA NSW 2228
TELEPHONE: 9525 8400

WOLLONGONG
354-358 CROWN STREET
WOLLONGONG NSW 2500
TELEPHONE: 9159 0707
AFTER HOURS: 0413 828 414

Post Operative Instructions

CORRECTION OF PROMINENT EARS

1. Keep crepe bandage dry and intact. If this comes off before the first visit it will need to be re-done
2. For pain, take oral Panadol 1 – 2 tablets four hourly, or other painkillers as prescribed by your doctor
3. For severe itching take Phenergan, dose as prescribed by the Pharmacist
4. If there is excessive redness or irritation with your wound/s, or signs of infection, or if you develop a fever above 37.5°, please telephone our rooms on the numbers above. If you are unable to contact us at the rooms, please telephone the after hours number instead
5. Bring headband to post-operative appointment

Follow up appointment:

at: Kogarah Rooms Miranda Rooms Wollongong Rooms

If you have any questions or concerns, please contact us on one of the numbers above.

Please see the reverse for possible adverse reactions and drug interactions →

Medication	Possible Adverse Reaction
Panadol (Paracetamol)	(Rare) Stomach upset, nausea, rash [see below]
Phenergan	Sedation, excitation, convulsions, nausea and vomiting, dry mouth, palpitations, vision changes

NB: Paracetamol may be used to treat pain, or temperatures over 38°C. It is not to be used for mild fever, gastroenteritis or as a sedative.

Oral Paracetamol dosage recommendations for children up to puberty:

Follow dosage instructions on the packet. In all cases, Paracetamol should not be administered to children up to puberty for more than 48 hours without medical review.

Oral Paracetamol dosage recommendations for adults and children after puberty:

Use Paracetamol 4 to 6 hourly, with a maximum of 6 tablets daily, and for no more than 48 – 36 hours for patients of normal or average build. If pain persists seek medical advice before continuing.

All patients taking Paracetamol for extended periods should be aware of the Paracetamol content in over the counter and prescription products that they are taking as there could be an increased risk of liver problems.

If you encounter any adverse reaction/s to any of your medications, cease the medication and contact your Surgeon (refer to the Post Operative Instructions sheet) for further advice.

