

DR. DARRELL PERKINS

M.B., B.S.(Hons), B.Med.Sc., F.R.A.C.S.
Provider No. 2048605W

AESTHETIC DAY SURGERY

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DR. DAMIAN MARUCCI

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Post Operative Instructions

WOUND CARE

Please follow the instructions below as marked:

- Obtain micropore tape from your chemist.
- Leave dressing(s) dry and intact for 1 day.
- *If you have a gauze dressing over the wound this may be removed on the second day.*
- Leave the micropore tape over the sutures undisturbed.
- You may now get the wound wet. Don't rub the wound vigorously. Pat dry.
- Leave the micropore tape on until you return to see the doctor. If the tape falls off, replace with a new piece of micropore tape.
- If you have excessive bleeding, apply DIRECT PRESSURE FOR 10 MINUTES. If necessary, replace the micropore tape. If bleeding persists, ring our rooms or your GP.
- DO NOT shave or apply make-up over the wound.
- If there is excessive redness, irritation, or any signs of possible infection ring our rooms or your GP.
- If required, pain medication may be taken.
- If your wound is on your arm, leg or head keep the area elevated for the first 2 days, and whenever possible until the wound is completely healed.
- You can recommence Warfarin or Aspirin if stopped prior to surgery.
- No swimming or exercise for ____ weeks.

- Apply Vaseline to the wound until you return to see the doctor

- Leave dressing(s) dry and intact until seen by your Surgeon.
- If you have excessive bleeding, apply DIRECT PRESSURE FOR 10 MINUTES. If necessary, the dressing(s) may be replaced with a similar type. If bleeding persists, ring our rooms or your GP.
- If there is excessive redness, irritation, or any signs of possible infection ring our rooms or your GP.
- If required, pain medication may be taken (not Aspirin).
- If your wound is on your arm, leg or head keep that limb elevated for the first 2 days, and whenever possible until the wound is completely healed.

Follow up appointment:

at: Kogarah Rooms Caringbah Rooms

