

**DR. DARRELL PERKINS**

M.B., B.S.(Hons), B.Med.Sc., F.R.A.C.S.  
Provider No. 2048605W

**DR. DAMIAN MARUCCI**

M.B., B.S., B.A., Ph.D., F.R.A.C.S.  
Provider No. 206938EX

**DR. ADRIAN SJARIF**

M.B., B.S.(Hons), B.Sc., M.S., F.R.A.C.S.  
Provider No. 255103RF

**AESTHETIC DAY SURGERY**

14 KENSINGTON STREET  
KOGARAH NSW 2217  
TELEPHONE: 9588 5700  
FACSIMILE: 9553 9924

SUITE 3, LEVEL 4  
531 – 533 THE KINGSWAY  
MIRANDA NSW 2228  
TELEPHONE: 9525 8400

AFTER HOURS  
DR. PERKINS: 0408 165 425  
DR. MARUCCI: 0413 123 155  
DR. SJARIF: 0413 828 414

Post Operative Instructions

**FACELIFT**

1. Take all medications as directed
2. Sleep on 2 or 3 pillows to keep the head elevated. This will reduce swelling
3. Avoid bending down. Keep your head elevated at all times
4. Apply ice packs to the face as much as possible for the first 48 hours, e.g. for 20 minutes every 1 – 2 hours
5. REST ONLY. Do no exercise. Keep cool
6. Expect some swelling of the face. A small amount of blood ooze through the bandage can also be expected

Further instructions will be given when we remove the dressings in two days. Please bring a scarf with you to this appointment

Follow up appointment: .....

at:  Kogarah Rooms  Miranda Rooms

If you have any questions or concerns, please contact us on one of the numbers above.

