

**DR. DARRELL PERKINS**

M.B., B.S.(Hons), B.Med.Sc., F.R.A.C.S.  
Provider No. 2048605W

**DR. DAMIAN MARUCCI**

M.B., B.S., B.A., Ph.D., F.R.A.C.S.  
Provider No. 206938EX

**DR. ADRIAN SJARIF**

M.B., B.S.(Hons), B.Sc., M.S., F.R.A.C.S.  
Provider No. 255103RF

**AESTHETIC DAY SURGERY**

14 KENSINGTON STREET  
KOGARAH NSW 2217  
TELEPHONE: 9588 5700  
FACSIMILE: 9553 9924

SUITE 3, LEVEL 4  
531 – 533 THE KINGSWAY  
MIRANDA NSW 2228  
TELEPHONE: 9525 8400

AFTER HOURS  
DR. PERKINS: 0408 165 425  
DR. MARUCCI: 0413 123 155  
DR. SJARIF: 0413 828 414

Post Operative Instructions

**BREAST REDUCTION**

1. Please take all medications as directed
2. **DO NOT TAKE ASPIRIN**
3. Please sleep on your back raised on 2 or 3 pillows. Do not sleep on your side
4. Do not drive a car or lift anything heavy for two weeks. Please restrict your arm movements, and for the first few days try to keep your elbows down at your sides
5. Please rest as much as possible for the first few days after your operation
6. You can shower normally tomorrow

Follow up appointment: .....

at:            Kogarah Rooms            Miranda Rooms

If you have any questions or concerns, please contact us on one of the numbers above.

