

**DR. DARRELL PERKINS**

M.B., B.S.(Hons), B.Med.Sc., F.R.A.C.S.  
Provider No. 2048605W

**DR. DAMIAN MARUCCI**

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Provider No. 206938EX

**DR. ADRIAN SJARIF**

M.B., B.S.(Hons), B.Sc., M.S., F.R.A.C.S.  
Provider No. 255103RF

**AESTHETIC DAY SURGERY**

14 KENSINGTON STREET  
KOGARAH NSW 2217  
TELEPHONE: 9588 5700  
FACSIMILE: 9553 9924

SUITE 3, LEVEL 4  
531 – 533 THE KINGSWAY  
MIRANDA NSW 2228  
TELEPHONE: 9525 8400

AFTER HOURS  
DR. PERKINS: 0408 165 425  
DR. MARUCCI: 0413 123 155  
DR. SJARIF: 0413 828 414

Post Operative Instructions

**ARM LIPECTOMY**

1. Please take all medications as directed
2. **DO NOT TAKE ASPIRIN**
3. Keep the dressing dry and intact until you return to see your surgeon
4. Please sleep on your back raised on 2 or 3 pillows with your arms supported on pillows
5. Please rest as much as possible for the first few days after your operation
6. Keep your arms supported on pillows whenever sitting and keep your hands slightly elevated to help reduce any swelling

Follow up appointment: .....

at:       Kogarah Rooms       Miranda Rooms

If you have any questions or concerns, please contact us on one of the numbers above.

