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DR. DAMIAN MARUCCI

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AFTER HOURS
DR. PERKINS: 0408 165 425
DR. MARUCCI: 0413 123 155
DR. SJARIF: 0413 828 414

Post Operative Instructions

RHINOPLASTY

1. Please take all medications as directed
2. **DO NOT TAKE ASPIRIN**
3. Change “dribbler” pad under the nose when it becomes moist with blood. **REMEMBER, YOU HAVE TO BREATHE THROUGH YOUR MOUTH**
4. Lie and sleep with your head elevated on three pillows
5. Apply ice packs to your forehead and eyes regularly, especially for the first 48 hours
6. **Don’t** get hot with exercise, hot showers etc. as this may cause bleeding
7. **Don’t** blow your nose or sneeze
8. Take your antibiotic tablets as instructed
9. If you have excessive bleeding please let us know

Follow up appointment:

at: Kogarah Rooms Miranda Rooms Wollongong Rooms

If you have any questions or concerns, please contact us on one of the numbers above.

