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AFTER HOURS
DR. PERKINS: 0408 165 425
DR. MARUCCI: 0413 123 155
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Post Operative Instructions

HAND OPERATION

- 1. Keep your hand elevated in a sling, at the level of your shoulder, particularly for the first 2 – 3 days or longer if instructed. It may be removed from the sling but must be kept above the level of your heart to minimise swelling and bruising
- 2. Take your hand out of the sling several times a day to exercise the elbow and shoulder by raising your arm several times
- 3. Please report any increasing tingling or progressive loss of sensation in your hand

Follow up appointment:

at: Kogarah Rooms Miranda Rooms Wollongong Rooms

If you have any questions or concerns, please contact us on one of the numbers above.

