

DR. DARRELL PERKINS

M.B., B.S.(Hons), B.Med.Sc., F.R.A.C.S.
Provider No. 2048605W

DR. DAMIAN MARUCCI

M.B., B.S., B.A., Ph.D., F.R.A.C.S.
Provider No. 206938EX

DR. ADRIAN SJARIF

M.B., B.S.(Hons), B.Sc., M.S., F.R.A.C.S.
Provider No. 255103RF

AESTHETIC DAY SURGERY

14 KENSINGTON STREET
KOGARAH NSW 2217
TELEPHONE: 9588 5700
FACSIMILE: 9553 9924

SUITE 3, LEVEL 4
531 – 533 THE KINGSWAY
MIRANDA NSW 2228
TELEPHONE: 9525 8400

AFTER HOURS
DR. PERKINS: 0408 165 425
DR. MARUCCI: 0413 123 155
DR. SJARIF: 0413 828 414

Post Operative Instructions

SUCTION LIPECTOMY ABDOMEN

- 1. Please take all medications as directed
- 2. The abdominal binder dressing may be adjusted for comfort

Three days after the operation you may temporarily remove the binder and cotton wool. Do not remove the white steri-strips across the wound(s). You can now shower, and after gently drying the area replace the cotton wool and binder. This can now be done on a daily basis until returning to see your doctor

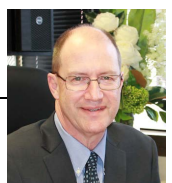
- 3. Please rest for the first few days after your operation. You may walk around, but do not engage in any strenuous exercise
- 4. Avoid putting strain on your abdomen as you would in a “sit up”, ie. sitting straight up from lying down. You will need assistance, or roll onto your side and sit up sideways. Similarly, do not lift heavy objects that cause you to strain

Follow up appointment:

at: Kogarah Rooms Miranda Rooms

If you have any questions or concerns, please contact us on one of the numbers above.

Please see the reverse for garment care instructions →



COMPRESSION GARMENT CARE INSTRUCTIONS

use cold/cool
water only



use gentle
soap



hand
wash



do not use
bleach



do not use
fabric softener



do not place
in dryer



do not dry
clean



do not
iron

