

**DR. DARRELL PERKINS**

M.B., B.S.(Hons), B.Med.Sc., F.R.A.C.S.  
Provider No. 2048605W

**DR. DAMIAN MARUCCI**

M.B., B.S., B.A., Ph.D., F.R.A.C.S.  
Provider No. 206938EX

**DR. ADRIAN SJARIF**

M.B., B.S.(Hons), B.Sc., M.S., F.R.A.C.S.  
Provider No. 255103RF

**AESTHETIC DAY SURGERY**

14 KENSINGTON STREET  
KOGARAH NSW 2217  
TELEPHONE: 9588 5700  
FACSIMILE: 9553 9924

SUITE 3, LEVEL 4  
531 – 533 THE KINGSWAY  
MIRANDA NSW 2228  
TELEPHONE: 9525 8400

AFTER HOURS  
DR. PERKINS: 0408 165 425  
DR. MARUCCI: 0413 123 155  
DR. SJARIF: 0413 828 414

Post Operative Instructions

**HAND OPERATION**

1. Keep your hand elevated in a sling, at the level of your shoulder, particularly for the first 2 – 3 days or longer if instructed. It may be removed from the sling but must be kept above the level of your heart to minimise swelling and bruising
2. Take your hand out of the sling several times a day to exercise the elbow and shoulder by raising your arm several times
3. Please report any increasing tingling or progressive loss of sensation in your hand

Follow up appointment: .....

at:       Kogarah Rooms       Miranda Rooms

If you have any questions or concerns, please contact us on one of the numbers above.

