

DR. DARRELL PERKINS

M.B., B.S.(Hons), B.Med.Sc., F.R.A.C.S.
Provider No. 2048605W

AESTHETIC DAY SURGERY

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KOGARAH NSW 2217
TELEPHONE: 9588 5700
FACSIMILE: 9553 9924

DR. DAMIAN MARUCCI

M.B., B.S., B.A., Ph.D., F.R.A.C.S.
Provider No. 206938EX

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TELEPHONE: 9525 8400

DR. ADRIAN SJARIF

M.B., B.S.(Hons), B.Sc., M.S., F.R.A.C.S.
Provider No. 255103RF

AFTER HOURS
DR. PERKINS: 0408 165 425
DR. MARUCCI: 0413 123 155
DR. SJARIF: 0413 828 414

Post Operative Instructions

RHINOPLASTY

1. Please take all medications as directed.
2. Change “dribbler” pad under the nose when it becomes moist with blood. **REMEMBER, YOU HAVE TO BREATHE THROUGH YOUR MOUTH.**
3. Lie and sleep with your head elevated on three pillows.
4. Apply ice packs to your forehead and eyes regularly, especially for the first 48 hours.
5. Keep the dressings on your nose dry and intact.
6. Clean around the stitches on the skin of your nose with cotton tips wet with water. **Don’t** put cotton tips inside your nostril.
7. Take your antibiotic tablets as instructed.
8. **Don’t** blow your nose or sneeze.
9. **No exercise.**
10. If you have excessive bleeding please let us know.

Follow up appointment:

at: Kogarah Rooms Miranda Rooms

If you have any questions or concerns, please contact us on one of the numbers above.

