

**DR. DARRELL PERKINS**

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**DR. ADRIAN SJARIF**

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Provider No. 255103RF

**AESTHETIC DAY SURGERY**

14 KENSINGTON STREET  
KOGARAH NSW 2217  
TELEPHONE: 9588 5700  
FACSIMILE: 9553 9924

SUITE 3, LEVEL 4  
531 – 533 THE KINGSWAY  
MIRANDA NSW 2228  
TELEPHONE: 9525 8400

AFTER HOURS  
DR. PERKINS: 0408 165 425  
DR. MARUCCI: 0413 123 155  
DR. SJARIF: 0413 828 414

Post Operative Instructions

**EYELID REDUCTION**

1. Please take all medications as directed.
2. Sleep on 2 or 3 pillows to keep the head elevated. This will reduce swelling.
3. Avoid bending down. Keep your head elevated at all times.
4. Use cold saline or cold water (boil first then chill) packs frequently to reduce swelling and soothe discomfort.
5. Clean the eyes with a moist cotton bud 3 times a day.
6. **If there is severe pain or visual impairment contact us immediately** – this would be an extremely unlikely occurrence.

For lubrication of the eyes (do not purchase until advised by surgeon):

**Day:** "Refresh" or "Murine Revital Eyes" or similar eye lubricant

**Night:** "Viscotears Liquid Gel"

Follow up appointment: .....

at:  Kogarah Rooms  Miranda Rooms

If you have any questions or concerns, please contact us on one of the numbers above.

**Please see the reverse for possible adverse reactions and drug interactions →**



<b>Medication</b>	<b>Possible Adverse Reaction</b>
Refresh Murine Revital Eyes	Stinging and burning
Viscotears Liquid Gel	Mild transient burning, sticky eyelids, blurred vision

If you encounter any adverse reaction/s to any of your medications, cease the medication and contact your Surgeon (refer to the Post Operative Instructions sheet) for further advice.