

DR. DARRELL PERKINS

M.B., B.S.(Hons), B.Med.Sc., F.R.A.C.S.
Provider No. 2048605W

DR. DAMIAN MARUCCI

M.B., B.S., B.A., Ph.D., F.R.A.C.S.
Provider No. 206938EX

DR. ADRIAN SJARIF

M.B., B.S.(Hons), B.Sc., M.S., F.R.A.C.S.
Provider No. 255103RF

AESTHETIC DAY SURGERY

14 KENSINGTON STREET
KOGARAH NSW 2217
TELEPHONE: 9588 5700
FACSIMILE: 9553 9924

SUITE 3, LEVEL 4
531 – 533 THE KINGSWAY
MIRANDA NSW 2228
TELEPHONE: 9525 8400

AFTER HOURS
DR. PERKINS: 0408 165 425
DR. MARUCCI: 0413 123 155
DR. SJARIF: 0413 828 414

Post Operative Instructions

BREAST REDUCTION

1. Please take all medications as directed.
2. **DO NOT TAKE ASPIRIN.**
3. Please sleep on your back raised on 2 or 3 pillows. Do not sleep on your side.
4. Do not drive a car or lift anything heavy for two weeks. Please restrict your arm movements, and for the first few days try to keep your elbows down at your sides.
5. Please rest as much as possible for the first few days after your operation.
6. You can shower normally tomorrow.

Follow up appointment:

at: Kogarah Rooms Miranda Rooms

If you have any questions or concerns, please contact us on one of the numbers above.

